



North Willamette Valley Chapter of ODS Adult Equestrian Camp

August 27-30, 2009

Location: Make your Mark Stables, Springfield, OR

You can visit them on line www.makeyourmarkstables.com

Make Your Mark Stables is nestled along the beautiful McKenzie River just minutes off of I-5. The farm features an 84 x 204 covered arena, 84 x 135 connected outdoor arena, excellent all weather footing, 20m round pen, professional stadium jumps, cross country cross, derby field, permanent event stalls, a trout pond and an abundance of wildlife.

Instructors:

Kim Barker, Corvallis, Oregon is a dressage instructor, trainer and active competitor. She graduated, with distinction, from the United States Dressage Federation "L" Judge Education Program in 2007. Kimberlee clinics and judges around the state and in the last few years several of her students have achieved their USDF Bronze Medals and three are working on their Silver Medals. During Adult Camp, Kimberlee will use the Training Scale (Pyramid) and her background as an "L" Graduate to help riders recognize when to move forward and when to step back and take more time to fill in the basics. " To understand the training scale in everyday every day schooling, is the first step towards moving horse and rider up the levels and to succeed in riding that is both correct, harmonious and beautiful." Kim will be teaching private and small group lessons.

Kathryn Daniel Springfield, Oregon is owner and trainer of Make your Mark Stables. The goal of Fresh Aire Events is to provide quality schooling options in the disciplines of Eventing, Dressage and Jumping for the beginning and professional rider. She will be introducing riders to riding outdoors through "Terrain Dressage" and exposing riders to the Eventing and Hunter Paces that meet their comfort level.

Tedi Paash, Hood River, Oregon will be returning for more fun at the camp. She will be teaching Cavaletti for Dressage Riders. This is a fun group class focusing on relaxation and rhythm. Groups are determined based on skill and comfort level. This is a great opportunity to either get familiar with adding cavalettis to your current riding exercises or learn ways to take this to the next level in your training efforts.

Marla Santino Woodburn, Oregon will be leading Pre and Post-Ride stretching exercises for riders. Dressage requires repetitive use of muscles throughout our bodies. These exercises are designed to help you become aware of those muscles and help you to engage other muscles to create a more balanced approach.

For more information and registration please contact Kathy Darneille at (503)982-1044 or crosbycreek@canby.com