

# Instructor Education Program Newsletter

Volume 6 Issue 1

April, 2005

## Dates To Remember

- May 7-8, 2005  
Lunging (rider) Workshop
- July 30-31, 2005  
Riding/Training Workshop
- October 15-16, 2005  
Teaching Workshop

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## The First 2005 USDF Instructor/Trainer Workshop is a Resounding Success



A Participating Instructor adjusts the lunging equipment on her demonstration horse during the February Lunging the horse workshop with Gerhard Politz.

The first in a series of four USDF Instructor/Trainer Certification Workshops was held on February 26 & 27 at Devonwood Equestrian Center in Sherwood, OR. Eight Participating Instructors from around the Pacific Northwest came with lunging equipment in hand to get coaching on proper lunging technique from Workshop faculty Gerhard Politz, author of the USDF Lunging Manual. The participants had a wide range of riding and teaching experience, but had the common goal of achieving USDF Instructor/Trainer Certification

Mr. Politz had a 'hands on' approach and gave the participants a visual demonstration of the USDF approved lunging method. Each participant was able to practice her lunging skills with two unfamiliar horses, which were generously provided by local ODS members.

Fourteen auditors joined the Participating Instructors for this unique learning experience. The fabulous summer-like weather and tasty food were enjoyed by all.

This Workshops series will ultimately lead to USDF Instructor Certification testing sponsored by ODS in 2006.



Participating Instructors and auditors pay close attention to Gerhard Politz's instructions.

## 2005 Instructor Certification Workshops

**February 26-27**  
Lunging the Horse Workshop  
with Gerhard Politz  
Devonwood Equestrian Center

**May 7-8**  
Lunging the Rider Workshop  
with Gerhard Politz  
Crescendo Farm

**July 30-31**  
Riding/Training Workshop  
with Lilo Fore  
Crescendo Farm

**October 15-16**  
Teaching Workshop  
with Cindy Sydnor  
Crescendo Farm

## How much does it cost?

### Participating Instructors:

The cost for each of the 2-day Instructor Workshops is \$375, which includes a copy of all handouts, lunch and snacks. The entire fee must be included with your application. Partial scholarships are available from the USDF. More information about the scholarships can be found on the USDF website.



Space is limited to a **maximum of 8** Participating Instructors (PIs). Only those applications that include the entire fee will be considered. The PI application is available on the ODS website or by contacting Francy Haupt at dqhorsestuff@comcast.net.

Each PI is responsible for the cost of stabling for their demonstration horse for the Lunging and Riding/Training Workshops. For the May Workshop stabling is \$40 for Sat/Sun, or \$45 if hauling in on Friday (after 4:00 pm). This fee includes both feeding of owner's hay/grain and stall cleaning. Feed and water buckets will be provided. Turn-out can be arranged.

### Auditors:

Auditing is \$50/day or \$75 for each 2-day Workshop. This includes a copy of all handouts, lunch and snacks. These Workshops are useful for anyone who wishes to develop or improve their teaching or riding skills. Auditors may submit a PI application, including the appropriate fee, or they may pay at the door (handouts are guaranteed only for pre-registered auditors).

Each PI may bring one person to assist them. The assistant may audit the workshop for the reduced fee of \$25, which includes handouts (as available), lunch and snacks.

### Demo Riders:

Demo riders and/or owners of demo horses (1 person per horse) may audit the Workshop for free on the day(s) they ride or provide a horse. Lunch and snacks are available for \$10/day. Handouts will be provided if available. Additional information can be found below.

## About Gerhard Politz

Gerhard Politz holds professional certifications from both Germany and England. Residing in the US since 1987, Gerhard is now a faculty member and examiner for the USDF Instructor Certification Program. He has also taught at the National Symposium and is a member of the test writing committee. In 1993 he became a member of the International Dressage Trainer's Club.

In Germany, Gerhard trained and showed horses successfully through Grand Prix, and prepared apprentices, many of whom passed with honors, for their professional exams. He was awarded the German gold medal for wins at the FEI level, and in less than two years of competing in the US he obtained the

USDF bronze, silver, and gold medals. Currently a dressage instructor at Flintridge Riding Club, Gerhard will take apprentices working toward USDF certification.

In more than 30 years of professional experience, Gerhard has gathered extensive knowledge in educating all types of horses and riders. He has special expertise in improving the horse's way of going on the lunge line and improving the rider through seat lessons, and then combining the results under saddle. He strongly believes in developing the pushing powers in order to enhance collection. In this context, he has been successful in solving a wide variety of horse and rider related problems.

## Information for Demonstration Riders

Are you eager to learn, and are you willing to lend a helping hand to the dedicated instructors who are pursuing USDF certification? Then **WE NEED YOU**.

Demonstration horses and riders are needed for the May Lunging Workshop. Horses should be able to walk, trot and canter quietly on the lunge, follow voice commands, and be familiar with standard lunging equipment as outlined in the USDF Lunging Manual. Riders should be willing to take direction from the PIs and give feedback as needed. Both

horses and riders should be fit enough to work continuously for 45 min. Stabling information above.

Horse and rider pairs are also needed for the October Teaching Workshop. Stabling fees for this Workshop (\$40-50), will be the responsibility of the Demo rider or horse owner.

Demo Horse/Rider applications are available on the ODS website or by contacting Francy Haupt at dqhorsestuff@comcast.net.

## Directions

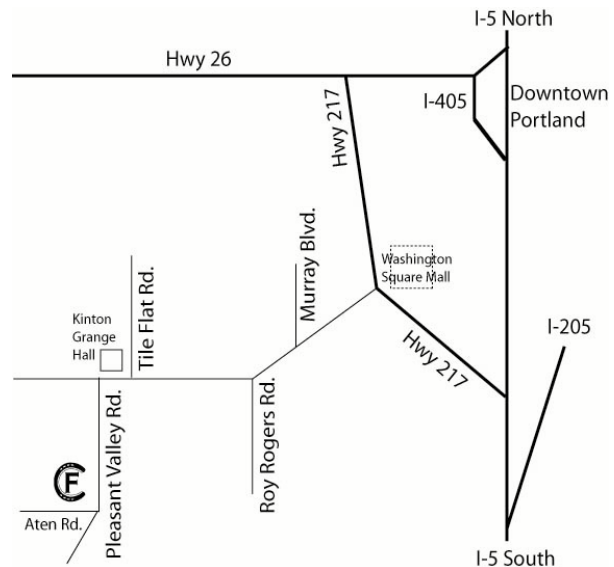
The May Lunging the Rider Workshop will be held at Crescendo Farms, 14245 SW Pleasant Valley Rd., Beaverton, OR.

**From I-5 north of Portland:** Take I-5 south to I-405 south to Hwy 26 west (Beaverton Exit). Take Hwy 217 south. Exit at Scholls Ferry Rd. and turn right at the light. Continue approximately 5 miles. Turn left on Pleasant Valley Rd, go ½ mile and Crescendo Farms is on the right hand side. The barns are green with white trim, and there is a sign at the end of the drive.

**Option:** Continue south on I-5 to Hwy 217 north. Exit at Scholls Ferry Rd and turn left onto Scholls Ferry Rd. Proceed as above.

**From I-5 south of Portland:** Take I-5 north to Hwy 217 north. Exit at Scholls Ferry Rd and turn left onto Scholls Ferry Rd. Proceed as above.

Map to Crescendo Farms (not to scale).



## Housing Options

Best Western Northwind  
16105 SW Pacific Hwy Tigard  
503-431-2100  
7.1 miles from Crescendo Farms

Marriott Courtyard  
8500 SW Nimbus Dr (Scholl's Ferry & Hwy 217)  
503-641-3200  
6.25 miles from Crescendo Farms

Peppertree Inn ([www.peppertreeinn.com](http://www.peppertreeinn.com))  
10720 SW Allen Blvd (Allen Blvd & Hwy 217)  
503-641-7477  
7.7 miles from Crescendo Farms

## About Crescendo Farms

Owners: Katie and Allan Twombly  
Address: 14245 SW Pleasant Valley Rd.  
Beaverton, OR 97007  
Phone: 503-628-0733 (barn) 503-628-0494 (home)

The barn closes at 8:00 pm on Fri. and 6:00 pm on Sat. and Sun. unless prior arrangements are made.

Crescendo Farms is a non-smoking facility. **Smoking is not permitted anywhere on the property.**

Safety helmets and boots are required when mounted. No exceptions.

Please do not bring your dog.

## Instructor Certification Program Code of Ethics

- ◆ As a USDF Certified Instructor or Instructor Candidate applicant, and member in good standing of the United States Dressage Federation, I acknowledge my obligation to uphold the highest standards of horsemanship both at home and when in the public eye.
- ◆ As a horseman, I place my student's safety and horse's welfare above all else.
- ◆ At competitions, whether participating as a trainer or as a competitor, I will know and comply with all rules of the USEF, and when applicable, the FEI, and will ensure that my students know and comply by these rules as well.
- ◆ As an instructor, I acknowledge the importance of continuing my own education in order that I may pass this knowledge to my students.
- ◆ I also understand that as a USDF member and Certified Instructor, I serve as a representative of my sport, the USDF and the USDF Certification Program. I will endeavor to reflect credit on them through my conduct, dress, and behavior by maintaining a professional demeanor at all times.
- ◆ I further understand that individuals who are suspended, put under probation or expelled by either the USEF or USDF will lose their USDF Instructor Certification.
- ◆ I acknowledge my membership in this professional community and my responsibility to demonstrate respect for my fellow professionals at all times.

**OREGON DRESSAGE SOCIETY, INC.**

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Address Label



Oregon Dressage Society

*Established 1971*



# USDF Instructor Certification Reading List

**Required Reading:**

Principles of Riding	German Federation
Advanced Principles—new edition	German Federation
The USDF Lunging Manual	USDF
The USDF Teaching Manual	USDF
The USDF Training Manual	USDF
The USDF Classical Training of the Horse	USDF
The Gymnasium of the Horse	Steinbrecht
Dressage Tips and Training Solutions	Hotzel
The Complete Training of Horse and Rider	Podhajsky
The Riding Teacher	Podhajsky
Thinking Riding	Sivewright
Veterinary Notes for Horse Owners	Hayes
Fit for Riding	Meyners
Teaching Safe Horsemanship	Dawson
Balance in Movement	Van Dietze
Lunging	German Federation

**Recommended Reading:**

The Art of Horsemanship	Xenophon
School of Horsemanship	de La Gueriniere
Principles of Dressage	Albrecht
A Dressage Judges Handbook	Albrecht
Dressage: Guidebook for the Road to Success	Knopfhart
The Fundamentals of Dressage	Knopfhart
Athletic Development of the Dressage Horse	DeKunffy
Training Strategies for Dressage Riders	Watjen
Dressage Riding	Watjen

**Strongly Recommended Reading:**

The Dressage Horse	Boldt
The USDF Dressage Manual	USDF
Anatomy of Riding	Schusdziarra

