

Instructor Education Program Newsletter

Volume 6 Issue 3

September 2005

2005 USDF Instructor/Trainer Workshops Riding/Training—July 30-31, 2005

Dates To Remember

- October 15-16, 2005
Teaching Workshop
- Spring (date TBA) 2006
Pre-Certification
- Fall (date TBA) 2006
Certification

Organizer's Report

WOW! What an incredible workshop. The third workshop in the USDF Instructors Certification Program is now behind us. The workshop leader Lilo Fore was very positive, supportive and explained concepts with great clarity. I can see why she is so sought after as a judge and clinician.

This workshop was the Riding Workshop. It was the PI's turn to be on horseback. The PI's rode a familiar and an

unfamiliar horse and were evaluated on how well they applied exercises that would benefit the horses. The 8 PI's all did a great job with the task that was put before them. It was a very educational week end for them and for the 8 auditors that came to watch.

The July weekend was wonderful. The weather was superb; we were able to enjoy the ample lunch under the big trees at Crescendo Farms.

Francy

Instructor Certification Program 2006

Pre-Certification (PC) and Certification Testing (CT) are planned for 2006. The PC is tentatively scheduled for April and the CT for August. The exact dates are still in the planning stages.

The PC is a mock testing, and assists PIs in understanding what will happen at the CT. All of the sessions that will occur at the CT will be conducted, but no written or oral tests will be given. PIs will not get guidance from the Examiners as they did in the workshops.

A list of PI's who want to attend the PC is currently in preparation. Slots will be

filled from that list. If you are currently in the program and want to attend the PC let Francy know as soon as possible.

The CT is organized by the USDF. **You will need to apply with USDF to attend the testing!** Additional information and the application for the CT are available on the USDF web site. The local organizer will only provide a facility and demo horses/riders.

If you have any questions please contact the Oregon Workshop Organizer Francy Haupt at dqhorsestuff@comcast.net or 971-832-0244.

Inside this issue:

| | |
|-------------------------------|---|
| <i>How much does it cost?</i> | 2 |
| <i>About Cindy Sydnor</i> | 2 |
| <i>Info for demo riders.</i> | 2 |
| <i>Directions/housing.</i> | 3 |
| <i>About Crescendo Farms</i> | 3 |
| <i>Code of Ethics</i> | 3 |
| <i>Reading list</i> | 4 |

2005 Instructor Certification Workshops

February 26-27

Lunging the Horse Workshop
with Gerhard Politz
Devonwood Equestrian Center

May 7-8

Lunging the Rider Workshop
with Gerhard Politz
Crescendo Farm

July 30-31

Riding/Training Workshop
with Lilo Fore
Crescendo Farm

October 15-16

Teaching Workshop
with Cindy Sydnor
Crescendo Farm

How much does it cost?

Participating Instructors:

The cost for each of the 2-day Instructor Workshops is \$375, which includes a copy of all handouts, lunch and snacks. The entire fee must be included with your application. Partial scholarships are available from the USDF. More information about the scholarships can be found on the USDF website.



Space is limited to a **maximum of 8** Participating Instructors (PIs). Only those applications that include the entire fee will be considered. The PI application is available on the ODS website or by contacting Francy Haupt at dqhorsestuff@comcast.net.

Auditors:

Auditing is \$50/day or \$75 for each 2-day Workshop. This includes a copy of all handouts, lunch and

snacks. These Workshops are useful for anyone who wishes to develop or improve their teaching or riding skills. Auditors may submit a PI application, including the appropriate fee, or they may pay at the door (handouts are guaranteed only for pre-registered auditors).

Each PI may bring one person to assist them. The assistant may audit the workshop for the reduced fee of \$25, which includes handouts (as available), lunch and snacks.

Demo Riders:

Demo riders and/or owners of demo horses (1 person per horse) may audit the Workshop for free on the day (s) they ride or provide a horse. Lunch and snacks are available for \$10/day. Handouts will be provided if available. Additional information below.

About Cindy Sydnor

Cindy grew up in Milton, Massachusetts, started to ride at age twelve, and claims to have ridden almost every day since. She started eventing and dressage with Mr. H.L.M.van Schaik from Holland when he and his family moved to Cavendish, Vermont. He was quite a mentor and introduced Cindy to Mr. Egon von Neindorff and paid for Cindy to go to Germany to ride at Reitinstitut von Neindorff for several months.

Shortly after her time in Germany, Cindy moved to Vienna, Austria, worked for Time-Life and rode with a rider from the Spanish Riding School. Two years later she and her husband moved to Brazil for four years, where they worked to develop an international dressage team for Brazil. After four years in Brazil, Cindy moved back to the U.S., bringing her Brazilian Thoroughbred gelding "Lover" with her and competed at the Grand Prix. She tried out for the USET Dres-

sage Team and was long-listed for the 1976 Olympics. She stayed on the "long list" for several years, riding with Colonel Bengt Ljungquist, Coach of the USET Dressage Team.

Cindy began working as a professional shortly after this period. At that time one had to be an amateur to try out for international teams. She has been training, teaching, judging, competing, and more recently working as an examiner for the USDF Instructor Certification program. Cindy has lived in Snow Camp, NC, since 1979 with her husband and three children, at Braeburn Farm. Her daughter, Eliza, is an enthusiastic young dressage rider who already trains and shows through Prix St Georges and helps her mother a lot on the farm and starts young Hannoverians at Honey Locust Farm in Chapel Hill NC. Eliza is a USDF Certified Instructor now!

Information for Demonstration Riders

Are you eager to learn, and are you willing to lend a helping hand to the dedicated instructors who are pursuing USDF certification? Then **WE NEED YOU**.

Demonstration horses and riders are needed for the October Teaching Workshop. Horses should be confirmed at Training through 2nd Level, and work quietly in a group setting. Riders should be willing to take direction from the PIs and give feedback as needed. Both horses and riders should be fit enough to work continuously for 45 min.

Workshop stabling is \$40 for Sat/Sun, or \$45 if hauling in on Friday (after 4:00 pm). This fee includes feeding of hay/grain (to be provided by the horse's owner) and stall cleaning. Feed and water buckets will be provided. Turn-out can be arranged.

We will need approximately 32 horse and rider pairs for this workshop.

Demo Horse/Rider applications are available on the ODS website or by contacting Francy Haupt at dqhorsestuff@comcast.net.

Directions

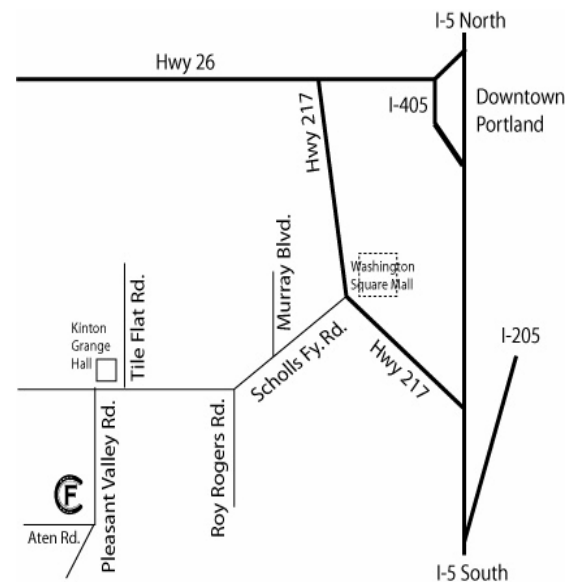
The Octover Teaching Workshop will be held at Crescendo Farms, 14245 SW Pleasant Valley Rd., Beaverton, OR.

From I-5 north of Portland: Take I-5 south to I-405 south to Hwy 26 west (Beaverton Exit). Take Hwy 217 south. Exit at Scholls Ferry Rd. and turn right at the light. Continue approximately 5 miles. Turn left on Pleasant Valley Rd, go ½ mile and Crescendo Farms is on the right hand side. The barns are green with white trim, and there is a sign at the end of the drive.

Option: Continue south on I-5 to Hwy 217 north. Exit at Scholls Ferry Rd and turn left onto Scholls Ferry Rd. Proceed as above.

From I-5 south of Portland: Take I-5 north to Hwy 217 north. Exit at Scholls Ferry Rd and turn left onto Scholls Ferry Rd. Proceed as above.

Map to Crescendo Farms (not to scale).



Housing Options

Best Western Northwind
16105 SW Pacific Hwy Tigard
503-431-2100
7.1 miles from Crescendo Farms

Marriott Courtyard
8500 SW Nimbus Dr (Scholls Ferry & Hwy 217)
503-641-3200
6.25 miles from Crescendo Farms

Peppertree Inn (www.peppertreeinn.com)
10720 SW Allen Blvd (Allen Blvd & Hwy 217)
503-641-7477
7.7 miles from Crescendo Farms

About Crescendo Farms

Owners: Katie and Allan Twombly
Address: 14245 SW Pleasant Valley Rd.
Beaverton, OR 97007
Phone: 503-628-0733 (barn) 503-628-0494 (home)

The barn closes at 8:00 pm on Fri. and 6:00 pm on Sat. and Sun. unless prior arrangements are made.

Crescendo Farms is a non-smoking facility. **Smoking is not permitted anywhere on the property.**

Safety helmets and boots are required when mounted. No exceptions.

Please do not bring your dog.

Instructor Certification Program Code of Ethics

- ◆ As a USDF Certified Instructor or Instructor Candidate applicant, and member in good standing of the United States Dressage Federation, I acknowledge my obligation to uphold the highest standards of horsemanship both at home and when in the public eye.
- ◆ As a horseman, I place my student's safety and horse's welfare above all else.
- ◆ At competitions, whether participating as a trainer or as a competitor, I will know and comply with all rules of the USEF, and when applicable, the FEI, and will ensure that my students know and comply by these rules as well.
- ◆ As an instructor, I acknowledge the importance of continuing my own education in order that I may pass this knowledge to my students.
- ◆ I also understand that as a USDF member and Certified Instructor, I serve as a representative of my sport, the USDF and the USDF Certification Program. I will endeavor to reflect credit on them through my conduct, dress, and behavior by maintaining a professional demeanor at all times.
- ◆ I further understand that individuals who are suspended, put under probation or expelled by either the USEF or USDF will lose their USDF Instructor Certification.
- ◆ I acknowledge my membership in this professional community and my responsibility to demonstrate respect for my fellow professionals at all times.

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Email: office@oregondressage.com

Address Label



Oregon Dressage Society

Established 1971



USDF Instructor Certification Reading List

Required Reading:

| | |
|--|-------------------|
| Principles of Riding | German Federation |
| Advanced Principles—new edition | German Federation |
| The USDF Lunging Manual | USDF |
| The USDF Teaching Manual | USDF |
| The USDF Training Manual | USDF |
| The USDF Classical Training of the Horse | USDF |
| The Gymnasium of the Horse | Steinbrecht |
| Dressage Tips and Training Solutions | Hotzel |
| The Complete Training of Horse and Rider | Podhajsky |
| The Riding Teacher | Podhajsky |
| Thinking Riding | Sivewright |
| Veterinary Notes for Horse Owners | Hayes |
| Fit for Riding | Meyners |
| Teaching Safe Horsemanship | Dawson |
| Balance in Movement | Van Dietze |
| Lunging | German Federation |

Recommended Reading:

| | |
|---|------------------|
| The Art of Horsemanship | Xenophon |
| School of Horsemanship | de La Gueriniere |
| Principles of Dressage | Albrecht |
| A Dressage Judges Handbook | Albrecht |
| Dressage: Guidebook for the Road to Success | Knopfhart |
| The Fundamentals of Dressage | Knopfhart |
| Athletic Development of the Dressage Horse | DeKunffy |
| Training Strategies for Dressage Riders | Watjen |
| Dressage Riding | Watjen |

Strongly Recommended Reading:

| | |
|--------------------------|--------------|
| The Dressage Horse | Boldt |
| The USDF Dressage Manual | USDF |
| Anatomy of Riding | Schusdziarra |

