



*Hosted by Oregon Dressage Society*

## 2009 REGION 6 MINI CONVENTION

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### **November 20, 21 & 22, 2009**

Holiday Inn – Portland Airport – 8439 NE Columbia Boulevard, Portland, Oregon 97220 – 503-256-5000

Reduced room rate if reservation is made in advance with the code: Oregon Dressage Society

*Thank you to our sponsors: Helm Saddlery, Page Insurance Agency, Mary Cornelius Photography, Equine Legal Solutions, Dr. Marvin Hausman, Arenus Equine, Wind River Horse, Holistic Horse Bodyworks, Indigo Creations, DevonWood Equestrian Centre*

## Schedule and Room Assignments

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### **FRIDAY, NOVEMBER 20, 2009:**

#### *Atrium*

- 7 – 8 p.m.

Welcome Region 6'ers

*Donna Longacre, Director of USDF Region 6*

#### *Mt Bachelor Room*

- 6 – 9 p.m.

Region 6 Championship Show Committee Meeting

*Closed to show committee members only*

#### *ODS Hospitality Suite*

- 8 – 9 p.m.

ODS Board Welcome to all Region 6 Mini Conventioneers

*Sponsored by TBA*

### **SATURDAY, NOVEMBER 21, 2009:**

#### *ODS Hospitality Suite*

- 7 – 8 a.m.

Welcome Region 6'ers

*Sponsored by TBA*

#### *Atrium*

- 8 a.m. – 5:30 p.m.

Vendors in the atrium

*Still room for a few vendors; contact the ODS Office for reservation*

- 12 – 1:30 p.m.

Lunch in the atrium

*Lunch is included in convention cost*

- 12 – 1:30 p.m.

FEI Junior/Young Rider Meeting

*Hosted by Jeremy Steinberg, Region 6 JR/Young Rider Liaison & Chef d'Equipe*

**2009 Region 6 Mini Convention**  
**SATURDAY, NOVEMBER 21, 2009, continued:**

*Mt Bachelor Room*

- 8 – 9 a.m. **EDUCATION: Proper Saddle Fit: There's a Lot More Than Comfort at Stake**  
*Ilene Nessenson, JD of Holistic Horse Bodyworks, LLC*  
*USDF University Credit Approved*
- 9 – 10 a.m. **EDUCATION: Minerals in Performance Horses**  
*Brady Karren M.S. of Arenus Equine Specialist, West*  
*USDF University Credit Approved*
- 10 a.m. – 12 p.m. **Region 6 Meeting**  
*Session I*
- 12:30 – 1:30 p.m. **EDUCATION: A Treasurer's Workshop - Tax Status and Reporting for USDF GMOs and Chapters**  
*John Craven, a former ODS President, Treasurer and Board Member*  
*USDF University Credit Approved*
- 1:30 – 3:30 p.m. **Region 6 Meeting**  
*Session II with Coffee Sponsored by DevonWood Equestrian Centre*
- 3:30 – 4:30 p.m. **EDUCATION: Equine Law: Your Questions Answered**  
*Rachel Kosmal McCart, Equine Legal Solutions, Inc.*  
*USDF University Credit Approved*
- 4:30 – 5:30 p.m. **EDUCATION: Holistic Horse and Rider Nutrition**  
*Dr. Marvin Hausman, Total Nutraceutical Solutions*  
*USDF University Credit Approved*
- 6 – 8 p.m. Available meeting space if needed by committees, GMOs

*Salon A&B*

**ODS Anniversary Celebration & Awards Banquet**

*Pre-registration/additional fee required – contact the ODS Office for details*

- 6:00 p.m. Cash Bar, Silent Auction Begins
- 6:30 p.m. Buffet Dinner, Speaker and Program Begins

**SUNDAY, NOVEMBER 22, 2009:**

*Mt Bachelor Room*

- 8:00 – 10:00 a.m. **ODS Board Meeting (closed to invited attendees only)**  
*Deluxe Continental Board Appreciation Breakfast sponsored by DevonWood Equestrian Centre and Page Insurance Agency*
- 10:00 a.m. – 12:00 p.m. **ODS General Membership Meeting**



# REGION 6 VENDORS

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*November 21, 2009 - Atrium*

**Please support the vendors who helped provide this weekend**

## **Arenus**

314-608-1262 • St. Charles, MO • [www.arenus.com](http://www.arenus.com)  
Health and Nutrition through Science

## **Equine Legal Solutions**

866-385-2972 • Beavercreek, OR • [www.equinelegalsolutions.com](http://www.equinelegalsolutions.com)  
Equine Legal Advice & Information

## **Mary Cornelius Photography**

503-936-4503 • Portland, OR • [www.marycornelius.com](http://www.marycornelius.com)  
Equestrian Sport and Fine Art Photography Items

## **Holistic Horse Bodyworks, LLC**

503- 867-1023 • Portland, OR • [www.holistichorsebodyworks.com](http://www.holistichorsebodyworks.com)  
Certified Equine Body Worker, Saddle Fitting and Reflocking, Tack Repair

## **Indigo Creations**

503-649- 4774 • Hillsboro, OR  
Custom Embroidered Clothing and Equine Items

## **Oregon Dressage Society, Inc.**

503-681-2337 • Hillsboro, OR • [www.oregondressage.com](http://www.oregondressage.com)  
Memberships, Publications, ODS Logo Merchandise

## **Page Insurance Agency**

971-732-5756 • Tualatin/Hillsboro, OR • [www.farmersagent.com/cpage](http://www.farmersagent.com/cpage)  
Insurance Products for Auto, Commercial, Health, Home, Liability, Life and Renters

## **Total Nutraceutical Solutions, Inc.**

866-998-7173 • Stevenson, WA • [www.totalnutraceutical.com](http://www.totalnutraceutical.com)  
Innovative nutritional supplements designed to help you, and your equine and canine companions, live longer, healthier lives

## **Wind River Horse**

503-709-7408 • Hillsboro, OR • [www.windriverhorse.com](http://www.windriverhorse.com)  
Kerrits Clothing



# REGION 6 EDUCATIONAL SESSIONS

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*November 21, 2009 - Mt. Bachelor Room*



***USDF University Credit is available to those who elect to pay the \$5 fee at registration***

Please see [www.usdf.org/education/university/](http://www.usdf.org/education/university/) for more details.

## **Proper Saddle Fit: There's a Lot More Than Comfort at Stake**

*Ilene Nessenson, JD of Holistic Horse Bodyworks, LLC*

*This class will be presented Saturday, November 21st at 8:00 AM in the Mt. Bachelor Room*

Did you know improper saddle fit can cause back issues, lameness, muscle damage, behavioral issues and poor performance? Attend this informative and hands on saddle fitting session to learn how to help your horse maintain good health. Attendees will learn about the 6 components of a comprehensive saddle fit and perform structural assessments on various saddles. Attendees are welcome to bring their own saddles.

*About the presenter:*

Ilene Nessenson, J.D., CEBW, is the owner of Holistic Horse Bodyworks, LLC and equine massage therapist for the Portland Mounted Patrol. She is a certified equine body worker, saddle fitter, saddle reflocker, and yoga instructor.

## **Minerals in Performance Horses**

*Brady Karren M.S. of Arenus Equine Specialist, West*

*This class will be presented Saturday, November 21st at 9:00 AM in the Mt. Bachelor Room*

Speaker Brady Karren of Arenus Health and Nutrition is going to be presenting an educational session at 9 AM in the Mt. Bachelor Room about minerals in performance horses. This is a can't miss educational session. Brady has spent a lifetime working with horses in one aspect or another. He grew up showing reining, cutting, working cow horses, roping, and starting colts in the mountains of Utah. Brady received a Masters degree in Animal Science specializing in Equine Nutrition from Texas A&M University and continues to be amazed at the feats achieved by horses and is passionate about our relationship with them. Focusing especially on what we can feed our equine counterparts to assist them in having longer and more fulfilling careers as Equine Athletes and more content years as a part of our families.

## **A Treasurer's Workshop: Tax Status and Reporting**

*John Craven, a former ODS President, Treasurer and Board Member*

*This class will be presented Saturday, November 21st at 12:30 PM in the Mt. Bachelor Room*

This session will be an overview of the annual reporting responsibilities of an USDF GMO and associated chapters. These are items that chapter presidents, chapter treasurer's and show management should know. Topics that will be covered include:

- Official non-profit status, Registered Charitable Organization, IRS resources
- Financial Records, Record Retention
- Bank Accounts-changing banks, updating signatories
- Year-end Chapter reports
- Hiring Show Officials, Clinicians, other contractors—what are your responsibilities? Resources
- Frequently Asked Questions from chapters

## ***2009 Region 6 Mini Convention Educational Session Overview continued:***

### **Equine Law: Your Questions Answered**

*Rachel Kosmal McCart, Equine Legal Solutions, Inc*

*This class will be presented Saturday, November 21st at 3:30 PM in the Mt. Bachelor Room*

Equine Legal Solutions advocates a belt-and-suspenders approach to risk management: minimize potential liability by putting contracts and safety procedures in place, then insure against remaining risks. Many horse owners (both “in the business” and casual owners) have questions about their individual situations. Please e-mail your questions to directly to Rachel (rachel@equinelegalsolutions.com) and she will do her best to cover all of the issues presented to her and additionally take questions from the audience. Rachel, the founder of Equine Legal Solutions, has experience providing practical advice – which she likes to refer to as Legal Counsel with Horse Sense.

### **Holistic Horse and Rider Nutrition**

*Dr. Marvin Hausman, Total Nutraceutical Solutions*

*This class will be presented Saturday, November 21st at 4:30 PM in the Mt. Bachelor Room*

Our lines of innovative, nutritional supplements are designed to help you, and your equine and canine companions, live longer, healthier lives. Our unique, mushroom-based products are the result of extensive research, performed by leading scientists around the world, into the nutritional benefits of mushrooms. This research has led many medical scientists and practitioners to refer to mushrooms as “nature’s ultimate super food.” It is the mission of TNS to educate people about nutrition and the many unique health benefits provided by various species of mushrooms.



# 2009 REGION 6 MINI CONVENTION

**November 20, 21 & 22, 2009**

Holiday Inn Portland Airport

## REGISTRATION FORM

Form must be RECEIVED by 11/18/09

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_ City,State,Zip \_\_\_\_\_  
Email \_\_\_\_\_ GMO/PM Member \_\_\_\_\_

### *Fees:*

Convention (includes lunch & workshops)	\$ 40.00	_____
Discount (Committee/Council Reps/Delegates)	\$ -5.00	_____
or Region 6 Meeting only (room fee)	\$ 15.00	_____
USDF University Credit, <i>if desired</i>	\$5.00	_____
Total	\$	_____

*Double/Single Room discount available thru Holiday Inn (\$85/night, mention ODS)  
ODS Banquet tickets available directly thru ODS (Add'l \$40)*

**Make checks payable to: USDF Region 6**

**No refunds on pre registrations after 11/20**

Send to: Donna Longacre, 2290 Dike Rd, Longview, WA 98632

For Info contact: Donna Longacre, [dglongacre@aol.com](mailto:dglongacre@aol.com) (360)577-6201

# AGENDA – REGION 6 MEETING

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## USDF REGION 6 ANNUAL MEETING - NOV 21, 2009

- Call to Order *Donna Longacre*
- Minutes of 2008 Annual Meeting *Acting Secretary*
- Minutes of 2008 USDF Meetings
- Treasurer's Report *Gaye McCabe*
- State of the Region *Donna Longacre*
- USDF Council Reports
  - Nominating *Marsha Williams*
  - Awards *Carolynn Bunch*
  - Instructor/Trainer *Paula Kierkegaard*
  - Competitors *Paige Inscoc*
  - Adult Education *Francy Haupt*
  - FEI JR/YR *Pat Irving*
  - Youth/IMO *Gaye McCabe*
  - Website *Kate Van de Covering*
  - Competition Management *Rose Newman*
  - GMO Council
    - East side *Kari Lashbrook*
    - West side *Corinne Stonier*
  - Competition Management *Rose Newman*
  - Technical Delegates *Betty Shambrook*
  - Regional Committee Reports
    - Championship Show/NW Dressage *Rose Newman, Lothar Pinkers, Helen St. Amand*
    - 2010 Date/Location/Management
    - Footing Consortium *Jeremy Steinberg*
    - Long Distance Planning
    - Youth Group Committee/Camp *Jessica Rattner*
    - Communication/Networking Committee
    - Education Committee(Competitors/Judges/Instructors/Trainers)
    - GMO Group/Relations
    - USDF GMO/PM Delegates
    - National Convention Committee
    - Mini Convention 2010
    - National Convention Issues Coming Before the BOG

# ODS BANQUET INFORMATION

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Oregon Dressage Society

## 38<sup>th</sup> Celebration & Awards Banquet

to be held in conjunction with the Region 6 Mini-Convention  
and the ODS Annual General Membership Meeting

**November 21st** – Holiday Inn Portland Airport

8439 NE Columbia Blvd, Portland OR 97220

Please join us for the Annual Celebration & Awards Banquet held Saturday evening of the USDF Region 6 Mini Convention held at the convenient Holiday Inn – Portland Airport. The evening is sure to be exciting with our fabulous annual Silent Auction featuring Chapter and Barn Baskets, delicious food and terrific camaraderie. During dinner, we have invited local trainer Jeremy Steinberg to speak to us about the FEI Region 6 Junior/Young Rider program and his experience this past year traveling to the east coast with the team to the national competition as the Region 6 FEI Young Rider/Junior Rider Liason and Chef d'Equipe. The evening would not be complete without the annual ODS Awards Banquet, where we will learn this year's Special Awards Winners - Instructor of the Year, Horse of the Year, Volunteer of the year and more. Joyce Stride is putting together a great awards ceremony and is sure to provide some "historically speaking" moments for all to enjoy.

### Times:

6:00 – No Host Cash Bar and Silent Auction

6:30 – Dinner & Speaker, Annual Awards Ceremony and  
Close of Auction to follow

### Costs:

Banquet Dinner - \$45.00 per person, includes general  
seating – *\$5.00 Discount for early registration*

*In recognition of their service to ODS, we are offering an  
additional \$5.00 discount for ODS Board Members, ODS  
Chapter Officers and ODS Committee Chairs*

### Dinner:

Champagne Chicken with Sun Dried Tomatoes

Pepper Roasted Tri-tip with Hunter Sauce

Gourmet Vegetarian Dish

Roasted Baby Red Potatoes

Garden Salad with Choice of Dressings,

Sliced Fresh Fruit

Vegetable Crudités, with Creamy Ranch Dressing

Chef's Garden Vegetables

Rolls and Butter

Assorted Dessert Selections: Traditional Carrot Cake, New  
York Style Cheesecake with Wild Berry Sauce, Chocolate  
Spoon cake, Caramel Apple Granny & Bourbon Pecan Pie  
Coffee and Tea Service

### For Reservations:

Please mail, fax or e-mail application to: ODS BANQUET, 880 NE 25th Ave., Suite 2 - PMB #173, Hillsboro, OR 97124, Phone (503) 681-2337, Fax (503) 681-3873, Email [office@oregondressage.com](mailto:office@oregondressage.com) *Please note that we will not be mailing tickets this year however will post a confirmed reservations list to the ODS website – banquet page.*

**Please Order Tickets by November 13th for discount and guaranteed seating! A VERY Limited number of tickets should be on sale the day of the event, however we cannot guarantee.**

**For members wishing to attend the other weekend events held at the same facility, our office has secured a group rate reservation of \$85 per night plus tax. To get this rate, please refer to "Oregon Dressage Society" when you call 888-465-4329 or 503-256-5000.**

# ODS BANQUET REGISTRATION FORM

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Oregon Dressage Society

## 38<sup>th</sup> Celebration & Awards Banquet

*to be held in conjunction with the Region 6 Mini-Convention  
and the ODS Annual General Membership Meeting*

**November 21st – Holiday Inn Portland Airport**

**8439 NE Columbia Blvd, Portland OR 97220**

6:00 No Host Cash Bar and Auction ~ 6:30 Buffet Dinner, Speaker and Awards Program

Name: \_\_\_\_\_

If possible, please seat me with: \_\_\_\_\_ (groups of 8)

Street: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Number of Dinner Tickets: \_\_\_\_\_ X \$45/person or \$40/person if before 11/13 = \_\_\_\_\_

TOTAL \_\_\_\_\_

- Check Number: (print & mail) \_\_\_\_\_ - Written to *Oregon Dressage Society*  
*If you wish to pay using a credit card, please use the online payment options.*

**Please complete this form and mail with payment to:**

***ODS Banquet  
880 NE 25<sup>th</sup> Ave, Ste 2-173  
Hillsboro, OR 97124***

***Please check all that apply below:***

- Yes, I am attending and will be able to volunteer before the banquet. I will arrive a half an hour early to help with set-up, silent auction, decorating and check-in
- Yes, I am attending and will be able to volunteer after the banquet. I am willing to stay after the banquet is over to help with silent auction check-out and general clean-up
- I will be bringing a Silent Auction item
- I am not able to attend, however, please accept my donation of \_\_\_\_\_ for the ODS Linda S. Acheson Education Fund
- I am also attending the Friday night Region 6 welcome party
- I am also attending Saturday's Mini Convention Educational Sessions and Meetings
- I am also attending Sunday's ODS General Membership Meeting

# ODS BOARD MEETING

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## **ODS Board Meeting (closed to only ODS Board/Committee Chairs)**

*Deluxe Continental Board Appreciation Breakfast sponsored by Page Insurance Agency and TBA*

*Sunday – November 22, 2009*

*8:00– 10:00 p.m.*

*Mount Bachelor Room, Holiday Inn-Portland Airport, Portland, OR*

*Agenda to be e-mailed to ODS Board/Committee Chairs by Marsha Williams prior to the meeting*

# ODS GENERAL MEMBERSHIP MEETING

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## **ODS Annual General Membership Meeting**

*Sunday – November 22, 2009*

*10:00 a.m. – 12:00 p.m.*

*Mount Bachelor Room, Holiday Inn-Portland Airport, Portland, OR*

## **TENTATIVE AGENDA**

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If you wish for an item to be added to the agenda, please contact Marsha Williams at [gotothebarn@bendbroadband.com](mailto:gotothebarn@bendbroadband.com). Thank you.

1. Call To Order 10:00 am
  - 1.1 Introductions
  - 1.2 Reading and approval of last year's minutes
  - 1.3 Announcement of newly elected Directors and Representatives
2. Review of the Year
  - 2.1 President report of projects, accomplishments, board meeting
  - 2.2 Report of the strategic plan
3. Financial Report
4. Chapter Report
5. Region 6 Report
6. USDF/USEF Report

Adjourn Meeting 12:00